



What is the

REST PROGRAM?



REST IS

A SHORT TERM MEDICAL RESPITE PROGRAM

RECUPERATIVE AND SUPPORTIVE SERVICES FOR THOSE EXPERIENCING HOMELESSNESS WITH ACUTE MEDICAL NEEDS

BY REFERRAL ONLY. REFERRALS MUST BE MADE BY PROVIDENCE ST. PETERS HOSPITAL OR MULTICARE CAPITAL MEDICAL CENTER. VISIT OUR WEBSITE AT IWSHELTER.ORG/REST OR CALL THE HOTLINE 360.870.9566 EX2



PROVIDES STRENGTHS-BASED ADVOCACY AND NAVIGATION SERVICES FOR MEDICAL NEEDS, MENTAL HEALTH SUPPORT, SUBSTANCE USE AND HOUSING

A 30 DAY MAXIMUM PROGRAM IN A CONGREGANT SHELTER

STAFFED BY CERTIFIED PEER COUNSELORS. MODELS SKILLS IN ADVOCACY AND SELF MANAGEMENT

A RESTORATIVE EXPERIENCE FOR A SAFER TRANSITION

REST IS NOT

PERMANENT HOUSING OR SHELTERING

STAFFED BY MEDICAL PROFESSIONALS

SELF REFERRED

AN ADULT FAMILY HOME, SKILLED NURSING FACILITY, OR REHABILITATION FACILITY



HOSPICE OR OTHER LONG TERM CARE FOR PEOPLE WITH CHRONIC CONDITIONS

MENTAL HEALTHCARE PROVIDERS

A TREATMENT FACILITY

A LONG TERM SOLUTION



Homeless Services Program

Unity Commons / Sergio's / Navigation Team

